Talking to a doctor has never been easier:
How to set up your Teladoc account
How to:
Set up your account from a computer
Desktop Instructions

- Enter basic information like name, date of birth, ZIP code, etc. to check your eligibility
- Click “Continue”
Desktop Instructions

• If your benefits were found, select “My benefits provider is ...”

• If your benefits were not found, you’ll be prompted to enter more information by selecting “choosing a health or insurance provider” to better help us look you up.

• Click “Continue”
Desktop Instructions

• Finish creating your account by filling in personal information like address, phone number, etc.
Desktop Instructions

• Create your username, password and set your security questions and answers

• Click “Complete Registration”
How to:
Set up your account on a mobile phone
Mobile App Instructions

- Download the Teladoc app on either the Apple App Store or Android Google Play Store
- Open the app and click "Set up your account"
Mobile App Instructions

- Enter basic information like name, date of birth, ZIP code, etc. to check your eligibility
- Click “Continue”
Mobile App Instructions

- If your benefits were found, click the blue button
- If your benefits were not found, you’ll be prompted to enter more information by selecting “Choose a health or insurance provider” to better help us look you up.

*If you are unsure of the options above, it may be because your access to Teladoc is provided by a 3rd party. Please speak to your HR department or call 1-800-TELANDOC (835-2362) for assistance.
Mobile App Instructions

- Finish creating your account by filling in personal information like address, phone number, etc.
- Click “Continue”
Mobile App Instructions

• Create your username, password and set your security questions and answers

• Click “Complete Registration”